### **PRO TEAM PROGRAM**



The Pro team program is designed for players who want to benefit from a comprehensive tennis, physical, mental and nutritional program for six months, 1 year and more. 2 tennis sessions and 2 fitness sessions per day, mental coaching, nutritional follow-up, physiotherapy and medical support are the key to "reach your potential".

The Pro team program is available during the whole year but the places are limited.

#### JUSTINE HENIN TENNIS ACADEMY

The Justine Henin Academy welcomes players who have a serious project for personal development and tennis career. They should be totally committed to this one and be ready to work hard to achieve their goal.

The Pro team program, boarding and non-boarding is available the whole year.

Justine Henin and her coaches team are working together on a regular basis, in order to give to every player better resources to reach their best.

We are passionate about quality that's why we focus on small working groups, team mates spirit, individual accents, players goals setting and a complete tennis tournament program for each category and level in Belgium and abroad (Tennis Europe, ITF Juniors, ATP&WTA, National Belgian circuit).

Since 2009, our players won 4 Single Junior Grand Slam titles (PUIG, SVITOLINA, JABEUR, ZHUK), 3 runner-up Single Junior Grand Slam (KHROMACHEVA, SVITOLINA, PUIG) won 6 Double Junior titles, World Junior Champion 2011 (KHROMACHEVA).

Many other great players have chosen our academy to improve their game or prepare their tournament calendar: Anna CHAKVETADZE, Daniela HANTUCHOVA, Yanina WICKMAYER, Elina SVITOLINA, Lesia TSURENKO.

#### PROGRAM DESCRIPTION

#### Included in the program:

- Tennis workout (3 to 3.5 hours/day);
- Physical conditioning (2 to 2.5 hours/day);
- Mental coaching (twice a month);
  - Individual program (on demand).
- Sport Nutrition :
  - Meals specifically adapted to the sport
  - Tests and follow-up.
  - Individual program (on demand).
- Medical check-up;
- Physiotherapy follow-up (specific treatment not include);
- Tournament support (max. 12 tournaments/year).

#### **BOOST YOUR PROGRAM!**

You can also add individual tennis lessons to get more out of your program. If you are interested to BOOST YOUR PROGRAM let us know when you register for your PRO TEAM PROGRAM. This option is available anytime during the year and places are limited.

#### **BOARDING**

The full boarding includes the housing in rooms of 2 persons, and the accommodation manager supervision. This includes meals and transportation from housing to tennis facilities.

#### Boarding includes:

- 3 meals/day;
- 2 persons room ;
- Transportations;
- Activities (twice a month);

#### PRICES AND SERVICES INCLUDED

	Prices
Tennis, Physical and Mental Program	2250€
Accommodation (Double Room)	800€ (Monday-Sunday) 700€ (Monday-Friday)
Rental Guarantee	500€
Transportation:	
to and from Brussels airport	55€
to and from Charleroi airport	70€
Tournaments transportation	*
Laundry	50€/month
Breakfast	Boarding Only
Lunch	All Programs Monday to Friday
Dinner	Boarding Only
Club Membership – Use of Facilities	Included
Wireless Internet	Included
Physiotherapy Service check- up	Included
Federative License	25€
Registration Fee	Included
Visa Procedure	650€
BOOST YOUR CAMP!	9am-4pm:
Individual Lesson:	75€ per hour
	8am-9am:
	100€ per hour

Last upgrade rates, January 2018.

€ Referred to the rates.